



YOUR CUSTOMIZED PROGRAM INCLUDES

- Round trip flights to your destination
 - SA 204 02JAN JFKJNB 1040 0815+1
 - SA 323 03JAN JNBCPT 1010 1215
 - SA 354 12JAN CPTJNB 1705 1900
 - SA 203 12JAN JNB JFK 2130 0640+1
 - Bus transportation throughout your program
 - Nine nights Lodging in Cape Town (The Team House or similar)
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- Breakfast lunch and dinner included daily
 - Experienced Tour Manager with your group throughout the program
 - Seal Island Tour
 - Chapman's Peak Scenic Drive
 - Multi-day service project in local community
 - Masiphumelele Township Tour by bike
 - Cape Malay Cooking Class
 - Cheetah Rehabilitation Center Visit
 - Visit Table Mountain via Cable Car
 - Visit to the District Six Museum
 - Cape Town Stadium Tour
 - Cape Town City Tour and Visit to the Company's Gardens
 - Attend Township Church Service
 - Visit Cape Point Nature Reserve
 - Free time at the V & A Waterfront
 - Robben Island Tour
 - Dinner and Talk with an Ex-Prison Guard from Robben Island
 - Visit Green Market Square
 - University of Cape Town Tour
 - Boulders Beach and Penguins
 - Bottled water
 - Gratuities for the Tour Manager and local guides
 - Gratuities for the bus drivers
 - Trip delay and medical insurance coverage up to \$50,000 per person
 - 2 free places in single occupancy
 - FREE website where students can register and pay online
-

Helpful Tips & Documents for Planning Your Trip

We have provided you with some documents that will help you in the planning, fundraising, and execution of your trip as well as information about our company.

[Download our Trip Planning Manual](#)

[Download our Fundraising Guide](#)

[Download our Sample Parent Trip Information Letter](#)

[Download our Introductory Packet](#)

Why Choose Sustainable Horizon, a Division of Educational Travel Adventures?

Our dedicated team has been traveling with students for over 20 years! Let us handle program development, form and money collection, marketing materials, international logistics and safety and risk management!

Itineraries are Customized for Your Group!

We customize each program to fit the specific needs of every school. Whether it's a science trip to the Amazon in Ecuador, a language class immersion in Costa Rica, or a service learning trip in Peru, we will build it just for you! Inquire about our 10+ program countries!

Cultural Immersion and Service Learning

SH programs are designed to engage students through experiential learning. Students will interact with local communities, live in homestays (when applicable) and contribute to community-defined service projects. SH programs are meant to enhance the classroom environment while challenging students to grow and learn outside of their comfort zones.

Promotional Materials and Information Packets

We will provide you with a trip flyer, PowerPoint presentation, fundraising information, student and parent information packets, and more!

Online Registration and Payments

Registration and payments are simple with an easy online website customized with all of your trip details. We accept all major credit cards, debit cards, e-checks and if preferred, checks or money orders can be mailed to our office.

Travel Insurance (trip cancellation)

Individuals can add optional travel insurance that allows them to cancel and receive a partial or full refund. This is highly recommended.

PROGRAM ITINERARY

Tuesday, January 2, 2018

You'll depart on your flight.

Wednesday, January 3

Upon arrival in Cape Town, you'll be greeted by your Tour Manager outside the airport.

Your driver will pick you up from the airport in your comfortable bus.

You will depart for Hout Bay, about a 1 hour drive, with an initial introduction to South Africa en route. You'll have lunch together.

You will depart for the Seal Island tour where you will see a huge number of Cape Fur Seals.

This afternoon you will experience Chapman's Peak Drive as it winds its way between Noordhoek and Hout Bay. Situated on the Atlantic Coast, at the south-western tip of South Africa, it is one of the most spectacular marine drives anywhere in the world. The 9 kilometer route, with its 114 curves, skirts the rocky coastline of Chapman's Peak. The drive offers stunning 180° views with many areas along the route where you can stop and take in the scenery.

You will check into your dorm rooms at your lodging at the Team House, settle in and freshen up before eating dinner together.

Thursday, January 4

You'll have breakfast. Afterward, you will have a service and project orientation.

The service project experience is the heart of your program and an excellent way to bond with the local community and peers through service. The multi-day service project will help a Capetonian community address local needs. On the first day, you will meet in the morning at the work site to be briefed on the service project and to meet the local leaders who will be working with your group.

You will visit Masiphumelele, a Xhosa township where a local woman will prepare an authentic bbq lunch including the local specialty of samp and beans (a type of corn dish served with beans). The Xhosa people speak their native language and have a proud heritage. You will get the chance to learn the history of samp and beans and why they rely on it as a staple food, as well as learn more about local customs and a few Xhosa words. After lunch you will go on an international award winning, socially responsible bike tour with an organization that promotes the use of bikes in the city. The bicycles are second hand and imported from Europe, then fixed and repaired before they are used for the tours and offered for sale at an affordable rate to the local communities. A local qualified guide will escort you around the township, visiting interesting places and explaining Xhosa customs. As you bike around the community you will get to see many spaza shops (informal convenience stores) that sell everything from toothpaste to groceries to housewares. You will learn more about the community as you observe the reality of day-to-day life. Some highlights of the tour are a visit a pre-school where enthusiastic teachers work under very difficult circumstances and a musical interlude with a djembe drumming lesson and traditional instrument demonstration. You may also partake in a soccer game with local children. Before returning to your guest house you will visit a biltong (jerky) factory shop.

You'll have dinner.

Friday, January 5

You'll have breakfast.

This morning you will spend time working on your community service project. You will have lunch together. After lunch, you will meet again to continue with the community project.

Late this afternoon, you will take a walk through one of the most colorful and vibrant suburbs of the city. The Bo Kaap is home to the Cape Malay people and the cobbled streets tell stories of their culture, religious practices, food and history. You will arrive to the home of a Cape Malayan woman, and be welcomed into her kitchen. Here you will be taught how to make a traditional dish that is loved by locals in the community. Your hostess will guide you through the process step by step! Finally, you will then sit down to enjoy dinner together, sampling the delicious food you have made.

Saturday, January 6

You'll have breakfast.

This morning you will spend time working on your community service project. You will have lunch together. After lunch, you will meet again to continue with the community project.

You will have a special dinner tonight with a braai, a typical South African barbeque.

Sunday, January 7

You'll have breakfast.

This morning you will spend time working on your community service project. You will have lunch together. After lunch, you will meet again to continue with the community project.

You'll have dinner.

Monday, January 8

You'll have breakfast.

This morning you will spend time working on your community service project. You will have lunch together.

After lunch, you will visit the Cheetah Rehabilitation Center which since 1997 has been an education and community-based program created to raise awareness of the plight of the cheetah and to campaign for its survival.

You'll have dinner.

Tuesday, January 9

You'll have breakfast.

You will head off to Table Mountain, the iconic backdrop of Cape Town. The best views of Cape Town can be seen from the top of Table Mountain. The aerial cable car will take you to the summit in under 10 minutes and the cable car's rotating floor ensures that everyone gets a 360 degree aerial view of the city.

You will visit the District 6 Museum, which commemorates the forcible removal of over 60,000 inhabitants in the 1970s by the apartheid regime. The museum houses an impressive collection of old street signs, photographs and stories of District Six, most which were donated and told by former residents. If you're lucky, you might bump into one of the old residents in the coffee shop at the back of the museum.

You'll visit the Eastern Food Bazaar to have lunch.

You will then go to see the 60,000 seat stadium where Cape Town hosted 6 matches of the 2010 Soccer World Cup, including the semi-final between the Netherlands and Uruguay.

In the afternoon, you will walk through the Company's Gardens, a treed haven and botanical garden set in the heart of Cape Town, home to a rose garden, a Japanese garden, a fish pond, and an aviary. On the edge of the Company Gardens you will see the President's official residence when in the mother city. The Company Gardens has beautiful views of Table Mountain and forms a pathway between the suburb of Gardens and the city center, surrounded by museums and fascinating buildings – South African Parliament, St Georges Cathedral, the Slave Lodge, The National Art Gallery and the Jewish Museum to mention a few.

You'll have dinner.

Wednesday, January 10

You'll have breakfast.

This morning you will experience a township church service.

This morning you will get the chance to visit Cape Point Nature Reserve at the extreme southwestern tip of Africa. As you admire the expansive views and keep an eye out for zebras and baboons, you can imagine the conditions early explorers had to contend with while navigating ships around this point. The Cape Floral Region is one of the richest areas for plants in the world – it is home to nearly 20% of Africa's flora.

You will then spend a little time on the V & A Waterfront, South Africa's most visited destination. This shopping district has great views of both the sea and the mountain.

You'll have lunch.

This afternoon you will take a ferry to the historic Robben Island. After serving as a place of isolation and imprisonment for hundreds of years, Robben Island is a World Heritage Site today. Many renowned men and women, including South Africa's first democratic President, Nelson Mandela, were imprisoned here on the island. This visit will give you a glimpse into the dark and sad history of this wonderful nation. It will also show why Robben Island is now an icon of struggle, freedom and hope.

You will spend an evening and have a buffet dinner with an ex prison guard from Robben Island who became a close friend of Nelson Mandela. You will have a rare insider's look at life in the prison, as well as his interactions with Nelson Mandela and other political prisoners who served time for their involvement in anti-apartheid government efforts.

Thursday, January 11

You'll have breakfast.

This morning you will spend time working on your community service project. You will have lunch together.

In the afternoon, you will explore Green Market Square, one of Cape Town's oldest markets. Set on a cobble stone square between Short and Long Market Streets, this is where Capetonians have been buying their clothing, jewelry, sandals, crafts, and knickknacks for decades, and, whilst the face of the market may have changed a little, there is always an exciting buzz and distinct evidence of the city's most colorful and eccentric characters. Green Market Square has unbeatable value too. You can pick up local arts, crafts, fabrics and artifacts from almost every country on the continent at this open-air gathering place. Bartering is the name of the game on the square, which used to function as a trading area for passing ships.

You will tour the campus of the University of Cape Town.

Tonight you will share laughs and memories as you celebrate your time shared together in South Africa with a farewell dinner. You will visit a restaurant with a vibrant, eclectic Pan-African experience in the heart of Cape Town. You will start

out your evening with an interactive drum circle offering the opportunity to join in and learn how to play the djembe to the rhythms and sounds of Africa. After pounding the skins of the drums, you can soothe your hands in a traditional hand washing ceremony as you are led to your table for a culinary adventure through Africa.

Friday, January 12

You'll have breakfast.

On the final day in the community you will wrap up your service project in the morning, basking in the satisfaction of a job well done. You will then have lunch together.

Then you will be off to see the penguins at Boulders Beach, home to a growing colony of the African Penguins, also known as jackass penguins for their hilarious braying call. Walkways allow visitors to view the penguins in their natural habitat, and the penguins are often delighted to show off their antics. After you have fallen in love with the penguins your group will head to the secluded Boulders Beach and take a swim in the comparatively warm waters of the False Bay.

Today your South African adventure comes to a close as you head to the airport for your departure on your international flight out of Cape Town.

Saturday, January 13

You will arrive home today.



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WHAT DO I DO NEXT?

If you like the proposal, we can set up a program agreement and confirm your group. If there is something you want to change, let us know and we can send you a revised quote. Everything is completely customized and we would be happy to make any changes that you wish. Once you decide on a final trip itinerary we will issue a program agreement that will outline the payment terms for your group. At that time you can choose to handle the participant registration yourself or via a customized trip website that we can create.

RESERVATIONS / BOOKING CONDITIONS

- This quote is valid for fifteen days. We will issue a program agreement and confirm all services upon your request. No space is currently reserved and prices are not guaranteed until the program agreement is signed and returned to ETA.
- Prices are based on the number of paying passengers specified and are subject to change if the minimum number indicated is not booked. Prices vary based on the number of people sharing each room. Each room will hold up to four people and prices have been given based on either one, two, three or four people sharing a room.
- There are no hidden costs or extra fees. If an attraction or location with an admission charge is listed on "Package Includes" then the cost to enter is included. Previous volatility and extreme increases in the cost of fuel have made it necessary to let you know about the possibility of a fuel surcharge. In the past we have always absorbed these charges but we do reserve the right to pass increases (due to fuel costs) imposed by our transportation suppliers on to you. These surcharges, while rare, have typically been between 1% to 4% of your trip cost.
- No deposit is required at the time of signing your program agreement. Deposits are required when students register for this program, to secure their space.
- Final balances and a final rooming list are due sixty days prior to departure.
- Optional trip cancellation insurance is available and strongly recommended. It enables individuals to cancel and receive a full refund due to a family or medical emergency, or to cancel for any reason at all and receive a 75% refund. It also provides trip delay coverage in the event of service delay or cancellation by a common carrier. Please see our website or ask for further details.

REFERENCES

Educational Travel Adventures has been in business for more than twenty years and has planned successful and memorable programs for thousands of student travelers. Please ask for references so that you may speak with a fellow program planner about their experiences with our company.

